



Endovascular versus Open Surgical Repair for Isolated Ruptured Descending Thoracic Aorta: A Systematic Review and Meta-Analysis

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Abstract:

Objective:

The purpose of this study was to compare clinical outcomes between open and thoracic endovascular aortic repair (TEVAR) in isolated ruptured descending thoracic aorta.

Methods:

A comprehensive electronic search was undertaken to identify all published data comparing open versus endovascular repair in ruptured descending thoracic aorta. Databases were evaluated to March 2018.

Results:

A total of 29,133 patients were analysed in 19 articles. Mean age was similar in both group of patients (54.6 ± 12.8 yrs vs 54.6 ± 13.5 yrs, $p=0.19$). Shorter ICU and total hospital stay in TEVAR (6.9 ± 5.9 vs 9.1 ± 6.6 days, $p=0.003$ and 16.5 ± 8.9 vs 19.8 ± 10 days, $p=0.009$ respectively). Paraplegia and stroke were higher in TEVAR with no statistical significance (2.5% vs 1.6%, $p=0.47$, and 1.7% vs 0.84%, $p=0.62$ respectively). There was also higher rate of re-intervention at one year in the TEVAR ($p=0.001$). While, a lower in-hospital mortality noted in TEVAR (6.5% vs 10.2% respectively, $p=0.003$), but no statistical difference in mortality rates at one and five years ($p=0.51$ and $p=0.33$ respectively).

Conclusion:

TEVAR repair of thoracic aortic aneurysm gives better perioperative outcomes and lower in-hospital mortality, however no difference in mortality at one and five years at the expense of requirement for higher re-intervention rates at one year.

Biography:

Francesca Gatta is a Foundation Year 2 Trainee currently working in Acute Medicine at Hull Royal Infirmary and



will subsequently rotate to General Surgery and GP. She is planning to apply for the Cardio-Thoracic Surgery run-through programme in November 2019 and has a special interest in Congenital Cardiac Surgery. Francesca graduated in Medicine and Surgery in Rome, Italy, in 2017 and moved to the UK the following year to start a job as FY1 Doctor. She spent 2 years in Adult Cardiac Surgery and 1 year in Paediatric Cardiac Surgery as Elective Placement during Medical School and 1 year post-graduation in Paediatric Cardiac Surgery. She has been working on some projects in order to obtain publications in Cardiac Surgery and, therefore, boost her CV.

Publication of speakers:

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3. Walker KL, Shuster JJ, Martin TD et al. Practice patterns for thoracic aneurysms in the stent graft era: health care system implications. *Annals of Thoracic Surgery* 2010;90:1833-9. [PMC free article] [PubMed] [Google Scholar]

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